

**ALL MEDIA in the Commonwealth of Virginia  
(sorted by District)**

District	Outlet	Email	Media Type	Address Line 1	Line 2	City	State	Postal Code	Phone	Fax
1	Gannett Newspapers - Virginia	tshockley@dmg.gannett.com	Community Newspaper	23079 Courthouse Ave		Accomac	Virginia	23301-1505	+1 (757) 787-1200 ext. 147	+1 (757) 787-2370
1	WESR-AM Online	will@wesr.net	Online Version	22479 Front St		Accomac	Virginia	23301-1641	+1 (757) 787-3200	+1 (757) 787-3819
1	WCTG-FM	stevef@965ctg.com	Radio Station	6455 Maddox Blvd Ste 3		Chincoteague	Virginia	23336-2272	+1 (757) 336-1118	+1 (757) 336-1805
1	Eastern Shore Post	ads@easternshorepost.com	Community Newspaper	25248 Lankford Hwy		Onley	Virginia	23418	+1 (757) 789-7678	+1 (757) 789-7681
1	WVES-FM	hotcountry993@yahoo.com	Radio Station	27214 Mutton Hunk Rd		Parksley	Virginia	23421-3238	+1 (757) 665-6500	+1 (757) 665-6178
2	WFOS-FM	richard.babb@cpschools.com	Radio Station	1617 Cedar Rd		Chesapeake	Virginia	23322	+1 (757) 547-0134 ext. 116	+1 (757) 547-0160
2	WAFX-FM Online	dtaylor@1069thefox.com	Online Version	870 Greenbrier Cir Ste 399		Chesapeake	Virginia	23320-2671	+1 (757) 366-9900 ext. 3043	+1 (757) 366-0022
2	Cox Communications of Chesapeake	gary.mccollum@cox.com	Television Station	1341 Crossways Blvd		Chesapeake	Virginia	23320-2897	+1 (757) 222-8493	+1 (757) 671-1501
2	WPMH-AM	info@wwip.org	Radio Station	2202 Jolliff Rd		Chesapeake	Virginia	23321-1416	+1 (757) 488-1010	+1 (757) 488-7761
2	WYFI-FM	bbn@bbnmedia.org	Radio Station	4310 Indian River Rd Ste 5		Chesapeake	Virginia	23325-3100	+1 (800) 888-7077	+1 (704) 522-1967
2	WNIS-AM	lisasin@sinclairstations.com	Radio Station	999 Waterside Dr	Ste 500	Norfolk	Virginia	23510	+1 (757) 640-8500	+1 (757) 622-6397
2	WTVZ-TV	sfuller@sbgn.net	Television Station	900 Granby St		Norfolk	Virginia	23510	+1 (757) 622-3333	+1 (757) 623-1541
2	WNOH-FM Online	nicolezastko@clearchannel.com	Online Version	1003 Norfolk Sq		Norfolk	Virginia	23502-3234	+1 (757) 466-0009	+1 (757) 466-9523
2	New Journal & Guide	nguide@gmail.com	Community Newspaper	5127 E Virginia Beach Blvd		Norfolk	Virginia	23502-3412	+1 (757) 543-6531	+1 (757) 543-7620
2	WHRO-FM Online	dina.richards@whro.org	Online Version	5200 Hampton Blvd		Norfolk	Virginia	23508-1507	+1 (757) 889-9371	+1 (757) 889-9442
2	WHRV-FM	heather.mazzoni@whrv.org	Radio Station	5200 Hampton Blvd		Norfolk	Virginia	23508-1507	+1 (757) 889-9396	+1 (757) 489-0007
2	WVEC-TV Online	pmcelveen@wvec.com	Online Version	613 Woodis Ave		Norfolk	Virginia	23510-1017	+1 (757) 628-5841	+1 (757) 628-5855
2	WVEC-TV	vscaife@wvec.com	Television Station	613 Woodis Ave		Norfolk	Virginia	23510-1017	+1 (757) 625-1313 ext. 886	+1 (757) 723-8290
2	PETA's Animal Times	ingridn@peta.org	Online Version	501 Front St		Norfolk	Virginia	23510-1040	+1 (757) 622-7382	+1 (757) 628-0783
2	WTKR-TV Online	holly.henry@wtkr.com	Online Version	720 Boush St		Norfolk	Virginia	23510-1502	+1 (757) 446-1000	+1 (757) 622-1807
2	WTKR-TV	jessica.larche@wtkr.com	Television Station	720 Boush St		Norfolk	Virginia	23510-1502	+1 (757) 446-1352	+1 (757) 446-1376
2	WTKR-TV	cindi.dove@wtkr.com	Television Station	720 Boush St		Norfolk	Virginia	23510-1502	+1 (757) 446-1312	+1 (757) 446-1385
2	Inside Business - The Hampton Roads Business Journal	brandon.kolipano@pilotonline.com	Online Version	150 W. Brambleton Ave		Norfolk	Virginia	23510-1611	+1 (757) 222-5353	+1 (757) 222-5359
2	WGPL-AM	willisbroadcasting@yahoo.com	Radio Station	645 Church St Ste 400		Norfolk	Virginia	23510-1712	+1 (757) 622-4600	+1 (757) 624-6515
2	Peninsula Warrior	laura.baxter@militarynews.com	Community Newspaper	150 W Brambleton Ave		Norfolk	Virginia	23510-2018	+1 (757) 222-3964	+1 (757) 853-1634
2	The Virginian-Pilot	phil.walzer@pilotonline.com	Daily Newspaper	150 W Brambleton Ave		Norfolk	Virginia	23510-2018	+1 (757) 222-3864	+1 (757) 446-2531
2	The Virginian-Pilot	jim.haag@pilotonline.com	Daily Newspaper	150 W Brambleton Ave		Norfolk	Virginia	23510-2018	+1 (757) 446-2317	+1 (757) 446-2414
2	The Virginian-Pilot	katrice.franklin@pilotonline.com	Daily Newspaper	150 W Brambleton Ave		Norfolk	Virginia	23510-2018	+1 (757) 222-5857	+1 (757) 623-5337
2	The Virginian-Pilot	tom.robinson@pilotonline.com	Daily Newspaper	150 W Brambleton Ave		Norfolk	Virginia	23510-2018	+1 (757) 446-2518	+1 (757) 533-9004
2	The Virginian-Pilot	daryl.lease@pilotonline.com	Daily Newspaper	150 W Brambleton Ave		Norfolk	Virginia	23510-2018	+1 (757) 446-2441	+1 (757) 446-2051
2	The Virginian-Pilot	rashod.ollison@pilotonline.com	Daily Newspaper	150 W Brambleton Ave		Norfolk	Virginia	23510-2018	+1 (757) 446-2732	+1 (757) 446-2963
2	WKQA-AM	wkqradio@hotmail.com	Radio Station	700 Monticello Ave Ste 311		Norfolk	Virginia	23510-2523	+1 (757) 222-1171	+1 (757) 622-9253
2	WTAR-AM	donna@sinclairstations.com	Radio Station	999 Waterside Dr		Norfolk	Virginia	23510-3300	+1 (757) 222-2908	+1 (757) 640-8552
2	WVBT-TV Online	michelle.campbell@wavy.com	Online Version	300 Wavy St		Portsmouth	Virginia	23704-5200	+1 (757) 393-1010	+1 (757) 397-8279
2	WAVY-TV	doug.davis@wavy.com	Television Station	300 Wavy St		Portsmouth	Virginia	23704-5200	+1 (757) 393-1010	+1 (757) 673-5300
2	WVBT-TV	kristen.joyal@wavy.com	Television Station	300 Wavy St		Portsmouth	Virginia	23704-5200	+1 (757) 393-1010	+1 (757) 673-5340
2	WVBT-TV	tim.moreau@wavy.com	Television Station	300 Wavy St		Portsmouth	Virginia	23704-5200	+1 (757) 393-1010	+1 (757) 399-7628
2	WVBT-TV	eileen.baggett@wavy.com	Television Station	300 Wavy St		Portsmouth	Virginia	23704-5200	+1 (757) 393-4343	+1 (757) 396-6151
2	WJLZ-FM	liz@currentfm.com	Radio Station	3500 Virginia Beach Blvd	Ste 201	Virginia Beach	Virginia	23452	+1 (757) 498-9632	+1 (757) 498-8609
2	Jet Observer	jet@militarynews.com	Community Newspaper	1750 Tomcat Blvd		Virginia Beach	Virginia	23460	+1 (757) 433-3360	+1 (757) 433-3156
2	WVHT-FM	pmccoy@maxmediava.com	Radio Station	5589 Greenwich Rd	Ste 200	Virginia Beach	Virginia	23462	+1 (757) 671-1000	+1 (757) 671-1010
2	WGH-AM	markr@star1310.com	Radio Station	5589 Greenwich Rd	Ste 200	Virginia Beach	Virginia	23462	+1 (757) 671-1000	+1 (757) 490-8973
2	WPTE-FM	woowoo@pointradio.com	Radio Station	236 Clearfield Ave Ste 206		Virginia Beach	Virginia	23462-1893	+1 (757) 497-2000	+1 (757) 456-0100
2	WNVZ-FM	dlondon@entercom.com	Radio Station	236 Clearfield Ave Ste 206		Virginia Beach	Virginia	23462-1893	+1 (757) 497-2000 ext. 237	+1 (757) 518-8372
2	WWDE-FM	jkehoe@entercom.com	Radio Station	236 Clearfield Ave Ste 206		Virginia Beach	Virginia	23462-1893	+1 (757) 497-2000	+1 (757) 473-1100
2	WVWL-FM	tbrown@entercom.com	Radio Station	236 Clearfield Ave Ste 206		Virginia Beach	Virginia	23462-1893	+1 (757) 497-2000 ext. 232	+1 (757) 518-1721
2	Jewish News	news@ujft.org	Community Newspaper	5000 Corporate Woods Dr Ste 200		Virginia Beach	Virginia	23462-4429	+1 (757) 965-6100	+1 (757) 965-6102
2	WFMI-FM	mike@musicalsoulfood.com	Radio Station	4801 Columbus St Ste 103		Virginia Beach	Virginia	23462-6751	+1 (757) 490-9364	+1 (757) 490-2524
2	CBN/Christian Broadcasting Network Online	hannah.goodwyn@cbn.org	Online Version	977 Centerville Tpke		Virginia Beach	Virginia	23463-1001	+1 (757) 226-3517	+1 (757) 226-3575
2	CBN/Christian Broadcasting Network Online	jennifer.jones@cbn.org	Online Version	977 Centerville Tpke		Virginia Beach	Virginia	23463-1001	+1 (757) 226-7000	+1 (757) 226-2017
3	The Wheel	wheel5@militarynews.com	Community Newspaper	213 Calhoun St		Fort Eustis	Virginia	23604-1645	+1 (757) 878-4920	+1 (757) 878-4928
3	WXGM-FM	harvey@xtra99.com	Radio Station	6267 Professional Dr		Gloucester	Virginia	23061-4454	+1 (804) 693-2105	+1 (804) 693-2182
3	Gloucester-Mathews Gazette-Journal	shamilton@gazettejournal.net	Community Newspaper	6625 Main St		Gloucester	Virginia	23061-5194	+1 (804) 725-2191	+1 (804) 693-7844
3	WHOV-FM	jay.lang@hamptonu.edu	Radio Station	Whov-Fm Hampton University H		Hampton	Virginia	23668	+1 (757) 727-5670	+1 (757) 727-5427
3	WSKY-TV	programming@wsky4.com	Television Station	218 Salters Creek Rd		Hampton	Virginia	23661-1909	+1 (757) 382-0004	+1 (757) 382-0365
3	WSKY2-TV	tpowers@sky4tv.com	Television Station	218 Salters Creek Rd		Hampton	Virginia	23661-1909	+1 (252) 491-4242	+1 (757) 389-5224
3	WTJZ-AM	faithbroadcasting@gmail.com	Radio Station	553 Michigan Dr		Hampton	Virginia	23669-3832	+1 (757) 488-1010	+1 (757) 723-0820
3	The Hampton Roads Voice	info@voicenewspaper.com	Community Newspaper	2501 Marshall Ave		Newport News	Virginia	23607	+1 (757) 244-5654	+1 (757) 244-5139
3	Daily Press	kmorgan@dailypress.com	Daily Newspaper	7505 Warwick Blvd		Newport News	Virginia	23607-1517	+1 (757) 247-4757	+1 (757) 245-8618
3	Daily Press	apetrini@dailypress.com	Daily Newspaper	7505 Warwick Blvd		Newport News	Virginia	23607-1517	+1 (757) 247-4643	+1 (757) 247-9420

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3	Tidewater Review	amartin@tidewaterreview.com	Community Newspaper	425 12th Street		West Point	Virginia	23181	+1 (804) 885-0040	+1 (804) 843-4404
3	WMBG-AM	info@wmbgradio.com	Radio Station	1005 Richmond Rd		Williamsburg	Virginia	23185	+1 (757) 229-7400	+1 (757) 220-3074
3	WCWM-FM	jabridgeford@email.wm.edu	Radio Station	WCWM 90.9 FM	of William	Williamsburg	Virginia	23185	+1 (757) 221-3287	+1 (757) 221-2118
3	The Virginia Gazette	editor@vagazette.com	Community Newspaper	216 Ironbound Rd		Williamsburg	Virginia	23188	+1 (757) 220-1736	+1 (757) 220-1665
3	WBQK-FM	derek@localvoicemedia.com	Radio Station	4732 Longhill Rd Ste 2201		Williamsburg	Virginia	23188-1584	+1 (757) 565-1079 ext. 203	+1 (757) 565-7094
3	Yorktown Crier & Poquoson Post	news@yorktowncrier.com	Community Newspaper	3526 George Washington Mem Hwy		Yorktown	Virginia	23693-3371	+1 (757) 766-1776	+1 (757) 766-1788
4	WEVA-AM	info@wevaradio.com	Radio Station	705 Washington St		Emporia	Virginia	23847-1539	+1 (434) 634-2133	+1 (434) 634-5050
4	Independent Messenger	editor@sussexsurrydispatch.com	Community Newspaper	111 Baker St		Emporia	Virginia	23847-1703	+1 (434) 634-4153	+1 (434) 634-0783
4	WHAP-AM	s.nugent@radio1340.net	Radio Station	150 S Mesa Dr		Hopewell	Virginia	23860	+1 (804) 458-9427	+1 (804) 458-9427
4	Hopewell Publishing	classifieds@hopewellnews.com	Community Newspaper	516 E Randolph Rd		Hopewell	Virginia	23860-2652	+1 (804) 458-8511	+1 (804) 458-7556
4	WVST-FM	jwilliamson@vsu.edu	Radio Station	Room 130 Harris Hall		Petersburg	Virginia	23806	+1 (804) 524-6724	+1 (804) 524-5826
4	The Progress-Index	psharp@progress-index.com	Daily Newspaper	15 Franklin St		Petersburg	Virginia	23803-4503	+1 (804) 732-3456 ext. 258	+1 (804) 732-8417
4	The Smithfield Times	editor@smithfieldtimes.com	Community Newspaper	228 Main St		Smithfield	Virginia	23430	+1 (757) 357-3288	+1 (757) 357-0404
4	WKGM-AM	wkgm940@yahoo.com	Radio Station	13379 Great Spring Rd		Smithfield	Virginia	23430	+1 (757) 357-9546	+1 (757) 365-0412
4	Suffolk News-Herald	res.spears@suffolknewsheald.com	Daily Newspaper	130 S Saratoga St		Suffolk	Virginia	23434	+1 (757) 934-9616	+1 (757) 539-8804
4	WPXV-TV	rhondanelson@ionmedia.tv	Television Station	3702 Nansemond Pkwy # C		Suffolk	Virginia	23435-1218	+1 (757) 499-1261	+1 (757) 935-5797
4	The Monitor	ads@dinwiddie-monitor.com	Community Newspaper	20121 Cox Rd		Sutherland	Virginia	23885-9457	+1 (804) 733-8636	+1 (804) 732-6322
4	Sussex-Surry Dispatch	evan@dinwiddie-monitor.com	Community Newspaper	111 Railroad Ave.		Wakefield	Virginia	23888	+1 (804) 733-8636	+1 (757) 899-7312
5	Blackstone Courier-Record	news@courier-record.com	Community Newspaper	111 W Maple St		Blackstone	Virginia	23824-1707	+1 (434) 292-3019	+1 (434) 292-5966
5	WKLV-AM	wbbc@bobcatcountryradio.com	Radio Station	950 Kenbridge Rd		Blackstone	Virginia	23824-3105	+1 (434) 292-4146	+1 (434) 292-7669
5	The News-Progress	dallas@thenewsprogress.com	Community Newspaper	850 E 2nd St		Chase City	Virginia	23924	+1 (434) 372-5156	+1 (434) 372-3911
5	The Mecklenburg Sun	tom@thenewsrecord.com	Community Newspaper	602 Virginia Ave		Clarksville	Virginia	23927-9121	+1 (434) 374-8152	+1 (434) 374-8153
5	Crewe-Burkeville Journal	cbjournal@meckcom.net	Community Newspaper	107 W Carolina Ave		Crewe	Virginia	23930-1803	+1 (434) 645-7534	+1 (434) 645-1848
5	WSVS-AM	steve@wsvsam.com	Radio Station	1032 Melody Ln		Crewe	Virginia	23930-4249	+1 (434) 645-7734	+1 (847) 375-5009
5	The Charlotte Gazette	gazette@kinex.net	Community Newspaper	4789 Drakes Main St		Drakes Branch	Virginia	23937	+1 (434) 568-3341	+1 (434) 568-3731
5	The Farmville Herald	social@farmvilleherald.com	Community Newspaper	114 North St		Farmville	Virginia	23901	+1 (434) 392-4151	+1 (434) 392-3366
5	WVHL-FM	la@wvhl.net	Radio Station	116 North St		Farmville	Virginia	23901	+1 (434) 392-9393	+1 (434) 392-6091
5	WPAK-AM	wrmradio@aol.com	Radio Station	446 Plank Rd		Farmville	Virginia	23901-4015	+1 (434) 392-8803	+1 (804) 392-8115
5	WFLO-AM	brochon@wflo.net	Radio Station	1582 Cumberland Rd		Farmville	Virginia	23901-4034	+1 (434) 392-4195	+1 (434) 392-1823
5	WMLU-FM	hallidayja@longwood.edu	Radio Station	201 High St		Farmville	Virginia	23909-1800	+1 (434) 395-2792	+1 (434) 395-2035
5	WWHS-FM	andersonb@hsc.edu	Radio Station	Hampden Sydney College	6 Graham	Hampden Sydney	Virginia	23943	+1 (434) 223-6009	+1 (434) 223-6040
5	The Southside Messenger	ads@southsidemessenger.com	Community Newspaper	490 Railroad Ave		Keysville	Virginia	23947-3645	+1 (434) 736-0152	+1 (434) 736-9112
5	WLES-AM	stu@wtru.com	Radio Station	2162 Lawrenceville Plank Rd		Lawrenceville	Virginia	23868	+1 (336) 759-0363 ext. 210	+1 (336) 759-0366
5	Brunswick Times-Gazette	sylvia@ifea.com	Community Newspaper	213 N Main St		Lawrenceville	Virginia	23868-1807	+1 (434) 848-2114	+1 (434) 848-2115
5	WSBV-AM	llogan@gcronline.com	Radio Station	1180 Plywood Trail		South Boston	Virginia	24592	+1 (434) 572-4418	+1 (434) 572-9245
5	The News & Record	mail@thenewsrecord.com	Community Newspaper	511 Broad St		South Boston	Virginia	24592-3225	+1 (434) 572-2929	+1 (434) 572-2920
5	The Gazette-Virginian	paula@gazettevirginian.com	Community Newspaper	3201 Halifax Rd # 3209		South Boston	Virginia	24592-4907	+1 (434) 572-3945	+1 (434) 572-1173
5	WHLF-FM	nicklong@lakesmediallc.com	Radio Station	1210 Porter Ln		South Boston	Virginia	24592-5324	+1 (434) 572-2988	+1 (434) 572-4013
5	The South Hill Enterprise	editor@southhillenterprise.com	Community Newspaper	914 W Danville St		South Hill	Virginia	23970	+1 (434) 447-3178	+1 (434) 447-5931
5	WHSV-AM	keithcorum@hotmail.com	Radio Station	Highway 47 North		South Hill	Virginia	23970	+1 (434) 447-8997 ext. 15	+1 (434) 447-4789
5	The Kenbridge-Victoria Dispatch	news@kvdipatch.com	Community Newspaper	1404 Nottoway Blvd		Victoria	Virginia	23974	+1 (434) 696-5550	+1 (434) 696-2958
6	WZBB-FM	glenn@wzbbfm.com	Radio Station	10899 Virginia Ave		Bassett	Virginia	24055	+1 (276) 629-7999	+1 (276) 629-8399
6	WKBY-AM	campbell862@aol.com	Radio Station	12932 US Highway 29		Chatham	Virginia	24531	+1 (434) 432-8108	+1 (434) 432-1523
6	Star-Tribune	tim.davis@chathamstartribune.com	Community Newspaper	28 S Main St		Chatham	Virginia	24531-5436	+1 (434) 369-6688 ext. 18	+1 (434) 432-4033
6	WMPW-AM	barbaraseamster@lakesmediallc.com	Radio Station	1336 Piney Forest Rd		Danville	Virginia	24540-1606	+1 (434) 799-1010	+1 (800) 536-6194
6	WMPW-AM	tombirch@lakesmediallc.com	Radio Station	1336 Piney Forest Rd		Danville	Virginia	24540-1606	+1 (919) 341-1804	+1 (954) 827-0277
6	Chatmoss Cablevision	cflewis@chatmossable.com	Television Station	12349 Martinsville Hwy		Danville	Virginia	24541-0855	+1 (434) 685-1521	+1 (434) 685-1803
6	Comcast Cable of Danville	william_browne@cable.comcast.com	Television Station	560 Patton St		Danville	Virginia	24541-1310	+1 (434) 791-5121	+1 (434) 791-5127
6	Danville Register and Bee	sdufour@registerbee.com	Daily Newspaper	700 Monument St		Danville	Virginia	24541-1512	+1 (434) 791-7926	+1 (434) 797-2299
6	WBTM-AM	hutch@wbtm1330.com	Radio Station	710 Grove St		Danville	Virginia	24541-1704	+1 (434) 793-4411	+1 (434) 797-3918
6	WDVA-AM	wdvaradio@gmail.com	Radio Station	1 Rradio Ln		Danville	Virginia	24541-5235	+1 (434) 797-1250	+1 (434) 797-1255
6	WGFC-AM	wgfc@wgfcradio.com	Radio Station	401 Shooting Creek Road SE		Floyd	Virginia	24091	+1 (276) 730-0708	+1 (540) 745-9812
6	Floyd Press	news@floydpress.com	Community Newspaper	710 E Main St		Floyd	Virginia	24091-2620	+1 (540) 745-2127	+1 (540) 745-2123
6	WHEE-AM	pat@martinsvillemedia.com	Radio Station	1129 Chatham Rd		Martinsville	Virginia	24112-2149	+1 (276) 632-9811	+1 (276) 632-4500
6	Martinsville Bulletin	info@martinsvillebulletin.com	Daily Newspaper	204 Broad St		Martinsville	Virginia	24112-3799	+1 (276) 638-8801 ext. 244	+1 (276) 638-7409
6	The Franklin News-Post	newspost2@franklinnews-post.com	Community Newspaper	310 S Main St		Rocky Mount	Virginia	24151	+1 (540) 483-5113 ext. 33	+1 (540) 483-8013
6	WYTI-AM	wyti@wytiradio.com	Radio Station	275 Glennwood Dr		Rocky Mount	Virginia	24151-2136	+1 (540) 483-9955	+1 (540) 483-7802
6	WHEO-AM Online	dlouis@wheo.info	Online Version	3824 Wayside Rd		Stuart	Virginia	24171-2506	+1 (276) 694-3114	+1 (276) 694-2241
6	The Enterprise	mail@theenterprise.net	Community Newspaper	129 N Main St		Stuart	Virginia	24171-8802	+1 (276) 694-3101	+1 (276) 694-5110
6	Smith Mountain Eagle	jdunovant@smithmountaineagle.com	Community Newspaper	1650 Scruggs Rd		Wirtz	Virginia	24184-3753	+1 (540) 719-5100	+1 (540) 719-5200

**ALL MEDIA in the Commonwealth of Virginia  
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District	Outlet	Email	Media Type	Address Line 1	Line 2	City	State	Postal Code	Phone	Fax
7	WPSK-FM	cindy.rollison@cumulus.com	Radio Station	7080 Lee Hwy		Fairlawn	Virginia	24141-8416	+1 (540) 731-6000 ext. 229	+1 (540) 633-2998
7	WBRW-FM	amanda.radley@cumulus.com	Radio Station	7080 Lee Hwy		Fairlawn	Virginia	24141-8416	+1 (540) 633-5330	+1 (540) 633-6300
7	WNMX-FM	dave.bradley@cumulus.com	Radio Station	7080 Lee Hwy		Fairlawn	Virginia	24141-8416	+1 (540) 731-6000	+1 (540) 731-6075
7	The Gazette	news@galaxgazette.com	Community Newspaper	108 W Stuart Dr		Galax	Virginia	24333-2114	+1 (276) 236-5178 ext. 202	+1 (276) 236-0756
7	WBRF-FM	toby@blueridgecountry98.com	Radio Station	325 Poplar Knob Rd		Galax	Virginia	24333-4106	+1 (276) 236-9273	+1 (276) 236-7198
7	WHHV-AM	broadcasting@nlcm.net	Radio Station	343 Virginia St.		Hillsville	Virginia	24343	+1 (276) 728-9114	+1 (276) 728-9968
7	The Carroll News	aworrell@thecarrollnews.com	Community Newspaper	707 N Main St		Hillsville	Virginia	24343-1455	+1 (276) 728-7311	+1 (276) 728-4119
7	The Declaration	advertising@independencedeclaration.co	Community Newspaper	578-D Guynn Shopping Ctr		Independence	Virginia	24348	+1 (276) 773-2222	+1 (276) 773-2287
7	WOLD-FM	blakefrazier@embarqmail.com	Radio Station	405 N Main St		Marion	Virginia	24354-2514	+1 (276) 783-4042	+1 (276) 783-2120
7	WMEV-FM	lynn@fm94.com	Radio Station	1041 Radio Hill Rd		Marion	Virginia	24354-6597	+1 (276) 783-3151 ext. 20	+1 (276) 783-3152
7	Pearisburg Virginian-Leader	editor@virginianleader.com	Community Newspaper	511 Mountain Lake Ave		Pearisburg	Virginia	24134	+1 (540) 921-3434	+1 (540) 921-2563
7	The Southwest Times	advertising@southwesttimes.com	Daily Newspaper	34 5th St NE		Pulaski	Virginia	24301	+1 (540) 980-5220	+1 (540) 980-3618
7	WBLB-AM	wblb1340am@verizon.net	Radio Station	3570 Robinson Tract Rd		Pulaski	Virginia	24301	+1 (540) 980-3411	+1 (540) 980-8320
7	WYVE-AM	danny@threeriversmedia.net	Radio Station	110 W Spiller St		Wytheville	Virginia	24382-1952	+1 (276) 228-3185	+1 (276) 228-9261
7	Media General Newspapers	jsage@wythenews.com	Community Newspaper	460 W Main St		Wytheville	Virginia	24382-2207	+1 (276) 228-6611 ext. 16	+1 (276) 228-7260
7	The Smyth County News & Messenger	bsewell@wythenews.com	Community Newspaper	460 W Main St		Wytheville	Virginia	24382-2207	+1 (800) 655-1406 ext. 31	+1 (276) 783-9713
8	WABN-AM	wabn1230@gmail.com	Radio Station	1007A W Main St Ste 100		Abingdon	Virginia	24210-4701	+1 (276) 759-8866	+1 (423) 878-6520
8	WAGV-TV	lisa@livingfaithtv.com	Television Station	8594 Hidden Valley Rd		Abingdon	Virginia	24210-4858	+1 (276) 676-3806	+1 (276) 676-3572
8	Bristol Herald Courier	scameron@bristolnews.com	Daily Newspaper	320 Bob Morrison Blvd		Bristol	Virginia	24201-3812	+1 (276) 645-2514	+1 (276) 669-3696
8	Bristol Herald Courier	dmilsap@bristolnews.com	Daily Newspaper	320 Bob Morrison Blvd		Bristol	Virginia	24201-3812	+1 (276) 645-2526	+1 (276) 645-2527
8	WCYB-TV	payres@wcyb.com	Television Station	101 Lee St		Bristol	Virginia	24201-4363	+1 (276) 645-1522	+1 (276) 645-1513
8	WCYB-TV	jbarker@wcyb.com	Television Station	101 Lee St		Bristol	Virginia	24201-4363	+1 (276) 645-1522	+1 (276) 645-1554
8	WXBQ-FM	steve@wxbq.com	Radio Station	901 E Valley Dr		Bristol	Virginia	24201-4913	+1 (276) 669-8112	+1 (276) 669-0541
8	WZAP-AM	wzapradio@aol.com	Radio Station	11373 Wallace Pike		Bristol	Virginia	24202-2743	+1 (276) 669-6950	+1 (276) 669-0794
8	WGTH-FM	wgth@wgth.net	Radio Station	394 Edgewater Dr		Cedar Bluff	Virginia	24609	+1 (276) 964-2502	+1 (276) 964-4500
8	WYRV-AM	brad@youradio.net	Radio Station	504 Middle Creek Rd		Cedar Bluff	Virginia	24609	+1 (276) 964-9619	+1 (276) 964-9610
8	WDIC-FM	wdic@wdicradio.com	Radio Station	2298 Rose Rdg		Clintwood	Virginia	24228-7738	+1 (276) 835-8626	+1 (276) 835-8627
8	Scott County Virginia Star	lisa@virginianstar.org	Community Newspaper	255 W Jackson St		Gate City	Virginia	24251-4129	+1 (276) 386-6300	+1 (276) 386-2354
8	WNRG-AM	wmj.d.fm@gmail.com	Radio Station	1011 Radio Dr		Grundy	Virginia	24614-6157	+1 (540) 935-2587	+1 (276) 935-2587
8	The Virginia Mountaineer	virginiamountaineer@gmail.com	Community Newspaper	1133 Plaza Dr Ste 2400		Grundy	Virginia	24614-6780	+1 (276) 935-2123	+1 (276) 935-2125
8	Lebanon News	lebnews@verizon.net	Community Newspaper	20 Clinch Mountain Ave		Lebanon	Virginia	24266	+1 (276) 889-2112	+1 (276) 889-5017
8	WLRV-AM	michaellowe@clearchannel.com	Radio Station	912 W. Main St		Lebanon	Virginia	24266	+1 (276) 889-1380 ext. 15	+1 (276) 889-1388
8	WXLZ-FM	wxlz1073@bvu.net	Radio Station	265 WXLZ Dr		Lebanon	Virginia	24266	+1 (276) 889-1073	+1 (276) 889-3677
8	The Coalfield Progress	jlester@coalfield.com	Community Newspaper	725 Park Ave		Norton	Virginia	24273	+1 (276) 679-1101 ext. 235	+1 (276) 679-5922
8	WLSA-AM	rick.wlsd@comcast.net	Radio Station	724 Park Ave NW		Norton	Virginia	24273-1923	+1 (276) 523-1700	+1 (276) 679-1198
8	WSWV-AM	lisa@swv.net	Radio Station	282 Westgate Mall Cir		Pennington Gap	Virginia	24277-2879	+1 (276) 546-2520	+1 (276) 546-1356
8	Powell Valley News	dlock.pvn@sunsetcom.com	Community Newspaper	41798 E Morgan Ave		Pennington Gap	Virginia	24277-3216	+1 (276) 546-1210	+1 (276) 546-5468
8	WDXC-FM	wdxc102fm@windstream.net	Radio Station	12548 Orby Cantrell Hwy		Pound	Virginia	24279-4812	+1 (276) 796-5411	+1 (276) 796-5412
8	Tazewell County Free Press	freepres@netscope.net	Community Newspaper	1249 Front St		Richlands	Virginia	24641	+1 (276) 963-0127	+1 (276) 963-0127
8	WRIC-FM	lindawitt@star95.com	Radio Station	201 Suffolk Ave	Ste 210	Richlands	Virginia	24641	+1 (304) 425-2151 ext. 312	+1 (304) 487-2016
8	Clinch Valley News	italbert@richlands-news-press.com	Community Newspaper	1206 2nd St		Richlands	Virginia	24641-2451	+1 (276) 963-1081	+1 (276) 963-0202
9	WKNV-AM	abaker@thesportsaddictnetwork.com	Radio Station	145 Jackson St NE		Blacksburg	Virginia	24060	+1 (540) 951-9791	+1 (540) 961-2021
9	WUVT-FM	dubinsky@vt.edu	Radio Station	350 Squires Student Ctr		Blacksburg	Virginia	24061	+1 (540) 231-9880	+1 (435) 921-0150
9	Collegiate Times, Virginia Polytech Institute	web@collegiatetimes.com	Online Version	121 Squires Student Ctr		Blacksburg	Virginia	24061-1000	+1 (540) 231-9865	+1 (540) 231-9151
9	Main Street Newspapers, Inc.	lpage@ourvalley.org	Community Newspaper	302 W Main St	Ste B	Christiansburg	Virginia	24073-2981	+1 (540) 382-6171	+1 (540) 382-3009
9	Virginian Review	virginianreview@aol.com	Daily Newspaper	128 N Maple Ave		Covington	Virginia	24426-1545	+1 (540) 962-2121 ext. 13	+1 (540) 962-5072
9	WKEY-AM	mtnmom101@aol.com	Radio Station	508 W Oak St		Covington	Virginia	24426-1942	+1 (540) 962-1133	+1 (540) 962-4401
9	The Fincastle Herald	edmccoy@mainstreetnewspapers.com	Community Newspaper	9 S Roanoke St		Fincastle	Virginia	24090-3103	+1 (540) 473-2741	+1 (540) 473-2742
9	WVRU-FM	jbenfield@radford.edu	Radio Station	801 E Main St		Radford	Virginia	24142-0001	+1 (540) 831-5894	+1 (540) 831-5893
9	WKBA-AM	wkba@cox.net	Radio Station	2043 10th St NE		Roanoke	Virginia	24012	+1 (540) 343-5597	+1 (540) 345-4064
9	WFJX-AM	ben@foxradioroanoke.com	Radio Station	1848 Clay St SE		Roanoke	Virginia	24013	+1 (540) 343-7109	+1 (540) 343-2306
9	The Roanoke Star-Sentinel	gmarrano@cox.net	Community Newspaper	PO Box 8338		Roanoke	Virginia	24014	+1 (540) 772-7874	+1 (540) 345-7990
9	Roanoke Tribune	trib@rt.roacoxmail.com	Community Newspaper	2318 Melrose Ave NW		Roanoke	Virginia	24017	+1 (540) 343-0326	+1 (540) 343-7366
9	WTOY-AM	wtoyradio@aol.com	Radio Station	504 23rd St NW		Roanoke	Virginia	24017	+1 (540) 344-9869	+1 (540) 344-0976
9	The Roanoke Times	tad.dickens@roanoke.com	Daily Newspaper	201 Campbell Ave SW		Roanoke	Virginia	24011-1105	+1 (540) 777-6474	+1 (540) 981-3346
9	The Roanoke Times	betty.strother@roanoke.com	Daily Newspaper	201 Campbell Ave SW		Roanoke	Virginia	24011-1105	+1 (540) 981-3357	+1 (540) 981-3458
9	The Roanoke Times	lindsey.nair@roanoke.com	Daily Newspaper	201 Campbell Ave SW		Roanoke	Virginia	24011-1105	+1 (540) 981-3343	+1 (540) 981-3318
9	WSLS-TV Online	mdooley@wsls.com	Online Version	401 3rd St SW		Roanoke	Virginia	24011-1507	+1 (540) 981-1152	+1 (540) 343-3157
9	WPXR-TV	shirleybundy@onmedia.com	Television Station	401 3rd St SW		Roanoke	Virginia	24011-1507	+1 (540) 857-0038	+1 (540) 345-8568
9	WVMP-FM	tkennedy@1015tvp.com	Radio Station	611 S Jefferson St		Roanoke	Virginia	24011-2419	+1 (540) 344-2800	+1 (540) 344-4001



**ALL MEDIA in the Commonwealth of Virginia  
(sorted by District)**

District	Outlet	Email	Media Type	Address Line 1	Line 2	City	State	Postal Code	Phone	Fax
9	WVTF-FM	cmodisett@leisurepublishing.com	Radio Station	3520 Kingsbury Cir		Roanoke	Virginia	24014-1356	+1 (540) 989-8900	+1 (540) 776-2727
9	Cox Communications of Roanoke	stacie.vest@cox.com	Television Station	5400 Fallowater Ln		Roanoke	Virginia	24014-2706	+1 (540) 776-3845	+1 (540) 776-3847
9	WFXR-TV	rclausen@fox2127.com	Television Station	2618 Colonial Ave SW		Roanoke	Virginia	24015-3834	+1 (540) 344-2127 ext. 14	+1 (540) 345-1912
9	Bella	hworgan@beckmediagroup.com	Online Version	806 Wasena Ave SW Apt 101		Roanoke	Virginia	24015-5351	+1 (540) 904-6800	+1 (540) 904-6803
9	WDBJ-TV Online	dsweeney@wdbj7.com	Online Version	2807 Hershberger Rd Nw		Roanoke	Virginia	24017-1941	+1 (540) 344-7000	+1 (540) 344-5097
9	WDBJ-TV	dseidel@wdbj7.com	Television Station	2807 Hershberger Rd Nw		Roanoke	Virginia	24017-1941	+1 (540) 985-3600	+1 (540) 343-7269
9	WDBJ-TV	tsanders@wdbj7.com	Television Station	2807 Hershberger Rd Nw		Roanoke	Virginia	24017-1941	+1 (434) 528-3073	+1 (434) 845-4539
9	WJJS-FM	nickybowyer@clearchannel.com	Radio Station	3807 Brandon Ave SW Ste 2350		Roanoke	Virginia	24018-1477	+1 (540) 725-1220	+1 (540) 725-1245
9	WFIR-AM	bob@wfir960.com	Radio Station	3934 Electric Rd		Roanoke	Virginia	24018-4513	+1 (540) 387-0234	+1 (540) 774-5667
9	WLNI-FM	comments@wlni.com	Radio Station	3934 Electric Rd		Roanoke	Virginia	24018-4513	+1 (434) 845-5463	+1 (540) 774-5667
9	The Roanoker	krheinheimer@leisurepublishing.com	Online Version	3424 Brambleton Ave		Roanoke	Virginia	24018-6520	+1 (540) 989-6138 ext. 3039	+1 (540) 989-7603
9	WSBN-TV	sspradlin@blueridgepbs.org	Television Station	PO Box 13246		Roanoke	Virginia	24032-3246	+1 (540) 344-0991 ext. 1763	+1 (540) 344-2148
10	WKDE-FM	info@kdcountry.com	Radio Station	200 Frazier Rd		Altavista	Virginia	24517-1021	+1 (434) 369-5588	+1 (434) 369-1632
10	Altavista Journal	njournal@altavistajournal.com	Community Newspaper	701 5th St		Altavista	Virginia	24517-1719	+1 (434) 369-6688	+1 (434) 369-6689
10	The Amelia Bulletin Monitor	wayne@ameliamonitor.com	Community Newspaper	16311 Goodes Bridge Rd		Amelia Court House	Virginia	23002	+1 (804) 561-3655	+1 (804) 561-2065
10	WAMV-AM	bob@wamvradio1420.com	Radio Station	132 School Road		Amherst	Virginia	24521	+1 (434) 946-9000	+1 (434) 946-2201
10	Amherst-Nelson Publishing Company	editor@neweraprogress.com	Community Newspaper	134 2Nd St		Amherst	Virginia	24521-2710	+1 (434) 946-7195	+1 (434) 946-2684
10	Times-Virginian	editor@timesvirginian.com	Community Newspaper	507 Court St		Appomattox	Virginia	24522	+1 (434) 352-8215	+1 (434) 352-2216
10	Bedford Bulletin	papersales@bedfordbulletin.com	Community Newspaper	402 E Main St		Bedford	Virginia	24523-2017	+1 (540) 586-8612	+1 (540) 586-0834
10	Union Star and Reporter Newspapers	news@theunionstar.com	Community Newspaper	241 Main St		Brookneal	Virginia	24528	+1 (434) 376-2795	+1 (434) 376-2676
10	WODI-AM	generalmanager@1230thefan.com	Radio Station	1230 Radio Rd		Brookneal	Virginia	24528-3141	+1 (434) 376-1230	+1 (434) 376-9634
10	WBNN-FM	nancy@bigcountry1053.com	Radio Station	18498 N James Madison Hwy		Dillwyn	Virginia	23936-2906	+1 (434) 983-6621	+1 (434) 983-6772
10	WVGM-AM	mslenski@espnva.com	Radio Station	1035 Avalon Dr		Forest	Virginia	24551-2970	+1 (434) 534-6100	+1 (434) 534-6101
10	WIQQ-FM	gary@espnva.com	Radio Station	1035 Avalon Dr		Forest	Virginia	24551-2970	+1 (434) 534-6117	+1 (434) 5346101
10	WLVA-AM	vbosiger@gmail.com	Radio Station	230 Chelsea Dr		Forest	Virginia	24551-3142	+1 (434) 534-0400	+1 (434) 534-0401
10	WPVA-FM	dclark@spirifm.com	Radio Station	22226 Timberlake Rd		Lynchburg	Virginia	24502	+1 (434) 237-9798	+1 (434) 237-1025
10	WSET-TV Online	jsingleton@wsls.com	Online Version	2320 Langhorne Rd		Lynchburg	Virginia	24501-1547	+1 (540) 512-1515	+1 (434) 847-0458
10	WZZI-FM	babbott@centennialbroadcasting.com	Radio Station	19 Wadsworth St Ste C		Lynchburg	Virginia	24501-2633	+1 (434) 845-3698	+1 (434) 845-2063
10	The News & Advance	clang@newsadvance.com	Daily Newspaper	101 Wyndale Dr		Lynchburg	Virginia	24501-6710	+1 (434) 385-5529	+1 (434) 385-5538
10	WRVL-FM	cmwygal@liberty.edu	Radio Station	1971 University Blvd		Lynchburg	Virginia	24502-2269	+1 (434) 582-3688	+1 (434) 582-2994
10	WTTX-FM	daniel@joyfm.org	Radio Station	22226 Timberlake Rd		Lynchburg	Virginia	24502-7305	+1 (434) 352-7607	+1 (434) 352-2451
10	WBRG-FM	eppersonbj@yahoo.com	Radio Station	239 Ragland Rd		Madison Heights	Virginia	24572	+1 (434) 401-0230	+1 (434) 632-7207
11	Village News	mfausz@villagepublishing.com	Community Newspaper	4607 W Hundred Rd		Chester	Virginia	23831-1743	+1 (804) 751-0421	+1 (804) 751-9155
11	WNTW-AM	pescott@wgmw-vezec.com	Radio Station	4301 W Hundred Rd		Chester	Virginia	23831-1959	+1 (804) 717-2000 ext. 103	+1 (804) 717-2009
11	Fort Lee Traveller	leeeditor@conus.army.mil	Community Newspaper	114 Charlotte Ave Suite A		Colonial Heights	Virginia	23834-3007	+1 (804) 526-8656	+1 (804) 526-8692
11	Cooperative Living	lemery@odec.com	Online Version	4201 Dominion Blvd Ste 101		Glen Allen	Virginia	23060-6743	+1 (804) 968-4039	+1 (804) 346-3448
11	Henrico Citizen	tlapps@henricocitizen.com	Community Newspaper	6924 Lakeside Ave Ste 307		Henrico	Virginia	23228-5240	+1 (804) 262-1700	+1 (804) 577-1230
11	American Painting Contractor	ehoward@columbiabooks.com	Online Version	PO Box 71625		Henrico	Virginia	23255-1625	+1 (850) 936-0200	+1 (850) 936-0206
11	Chesterfield Observer	sales@localnewsllc.com	Community Newspaper	4600 Market Square Ln		Midlothian	Virginia	23112-4875	+1 (804) 545-7502	+1 (804) 744-3269
11	Powhatan Today	bweeks@powhatanoday.com	Community Newspaper	3229 Anderson Hwy		Powhatan	Virginia	23139-7340	+1 (804) 598-4305	+1 (804) 598-7757
11	Style Weekly	jason.roop@styleweekly.com	Community Newspaper	1313 E 3rd St		Richmond	Virginia	23219	+1 (804) 358-0825 ext. 323	+1 (804) 358-1079
11	WLEE-AM	jjacobs@davidsonmediagroup.com	Radio Station	308 W Broad St		Richmond	Virginia	23220	+1 (804) 643-0990 ext. 24	+1 (804) 474-5070
11	WFTH-AM	faithradio1590am@yahoo.com	Radio Station	227 E Belt Blvd		Richmond	Virginia	23224	+1 (804) 233-0765	+1 (804) 233-3725
11	WXGI-AM	buck@redskins.com	Radio Station	701 German School Rd		Richmond	Virginia	23225	+1 (804) 233-7666	+1 (804) 233-7681
11	WMVE-FM	psolomon@deastations.org	Radio Station	23 Sesame St		Richmond	Virginia	23235	+1 (804) 560-8171	+1 (804) 320-8729
11	WRIC-TV Online	dcheney@wric.com	Online Version	301 Arboretum Pl		Richmond	Virginia	23236	+1 (804) 330-9780	+1 (804) 330-8882
11	WKHK-FM	richard.jacobs@summitmediacorp.com	Radio Station	812 Moorefield Park Dr	Ste 300	Richmond	Virginia	23236	+1 (804) 330-5700 ext. 388	+1 (804) 330-4079
11	WURV-FM	billy.dunkley@summitmediacorp.com	Radio Station	812 Moorefield Park Dr, Ste 300		Richmond	Virginia	23236	+1 (804) 327-9635	+1 (804) 323-1524
11	WKLR-FM	buddy.vanarsdale@summitmediacorp.com	Radio Station	812 Moorefield Park Dr, Ste 300		Richmond	Virginia	23236	+1 (804) 330-5700 ext. 317	+1 (804) 320-2596
11	WRIC-TV	mrvabel@wric.com	Television Station	301 Arboretum Pl		Richmond	Virginia	23236	+1 (804) 330-8838	+1 (804) 330-8883
11	The Richmond Voice	aj@voicenewsaper.com	Community Newspaper	205 E Clay St		Richmond	Virginia	23219-1325	+1 (804) 644-9060	+1 (804) 644-5617
11	Richmond Times-Dispatch	mmartz@timesdispatch.com	Daily Newspaper	300 E Franklin St		Richmond	Virginia	23219-2214	+1 (804) 649-6964	+1 (804) 775-8059
11	Richmond Times-Dispatch	ggilligan@timesdispatch.com	Daily Newspaper	300 E Franklin St		Richmond	Virginia	23219-2214	+1 (804) 649-6379	+1 (804) 775-8141
11	Richmond Times-Dispatch	pclay@timesdispatch.com	Daily Newspaper	300 E Franklin St		Richmond	Virginia	23219-2214	+1 (804) 649-6632	+1 (804) 649-6836
11	Richmond Times-Dispatch	bhinkle@timesdispatch.com	Daily Newspaper	300 E Franklin St		Richmond	Virginia	23219-2214	+1 (804) 649-6627	+1 (804) 775-8090
11	Richmond Times-Dispatch	autley@timesdispatch.com	Daily Newspaper	300 E Franklin St		Richmond	Virginia	23219-2214	+1 (804) 649-6559	+1 (804) 775-8085
11	Richmond Free Press	advertising@richmondfreepress.com	Community Newspaper	422 E Franklin St		Richmond	Virginia	23219-2226	+1 (804) 644-0496 ext. 15	+1 (804) 643-5436
11	Richmond Free Press	mauryand19th@yahoo.com	Community Newspaper	422 E Franklin St		Richmond	Virginia	23219-2226	+1 (804) 644-0496 ext. 22	+1 (804) 643-7519
11	The Presbyterian Outlook	gwhipple@pres-outlook.org	Community Newspaper	1 N 5th St Ste 500		Richmond	Virginia	23219-2231	+1 (804) 359-8442 ext. 756	+1 (804) 353-6369
11	Richmond Magazine	editor@richmag.com	Online Version	2201 W Broad St Ste 105		Richmond	Virginia	23220-2022	+1 (804) 355-0111 ext. 312	+1 (804) 355-8939

**ALL MEDIA in the Commonwealth of Virginia  
(sorted by District)**

District	Outlet	Email	Media Type	Address Line 1	Line 2	City	State	Postal Code	Phone	Fax
11	Greater Richmond Grid	richmondgrid@gmail.com	Online Version	1657 W Broad St # 30		Richmond	Virginia	23220-2118		+1 (804) 285-8225
11	WRIR-FM	wrircommunitycalendar@gmail.com	Radio Station	PO Box 4787		Richmond	Virginia	23220-8787	+1 (804) 622-9747	+1 (804) 622-1436
11	WCLM-AM	bigjohntrimble@aol.com	Radio Station	3165 Hull St		Richmond	Virginia	23224-3576	+1 (804) 231-2186	+1 (804) 231-2188
11	WWBT-TV Online	jchandler@nbc12.com	Online Version	5710 Midlothian Tpke		Richmond	Virginia	23225-6116	+1 (804) 230-1212	+1 (804) 230-2793
11	WUP-TV Online	jquillan@cwrichmond.tv	Online Version	5710 Midlothian Tpke		Richmond	Virginia	23225-6116	+1 (804) 230-2729	+1 (804) 230-7059
11	WWBT-TV	lmalbon@nbc12.com	Television Station	5710 Midlothian Tpke		Richmond	Virginia	23225-6116	+1 (804) 230-1212	+1 (804) 230-2789
11	WRVA-AM	deannamalone@clearchannel.com	Radio Station	3245 Basie Rd		Richmond	Virginia	23228-3404	+1 (804) 474-0440	+1 (804) 474-0092
11	WBTJ-FM	katsimons@clearchannel.com	Radio Station	3245 Basie Rd		Richmond	Virginia	23228-3404	+1 (804) 474-0246	+1 (804) 474-0106
11	WRXL-FM	dustinmatthews@clearchannel.com	Radio Station	3245 Basie Rd		Richmond	Virginia	23228-3404	+1 (804) 474-0000	+1 (804) 474-0096
11	WTVR-FM	carrietodd@clearchannel.com	Radio Station	3245 Basie Rd		Richmond	Virginia	23228-3404	+1 (804) 474-0077	+1 (804) 474-0168
11	WRVQ-FM	mynettheady@clearchannel.com	Radio Station	3245 Basie Rd		Richmond	Virginia	23228-3404	+1 (804) 474-0153	+1 (804) 474-0090
11	WRVA-AM	mattdemlein@clearchannel.com	Radio Station	3245 Basie Rd		Richmond	Virginia	23228-3404	+1 (804) 474-0439	+1 (804) 474-0167
11	Comcast Cable of Richmond	abe_jennings@cable.comcast.com	Television Station	5401 Staples Mill Rd		Richmond	Virginia	23228-5421	+1 (804) 915-5400	+1 (804) 915-5426
11	Richmond Family	karen@richmondfamilymagazine.com	Online Version	PO Box 28597		Richmond	Virginia	23228-8597	+1 (804) 285-3261	+1 (804) 241-7678
11	WRLH-TV	mbarthol@foxrichmond.com	Television Station	1925 Westmoreland St		Richmond	Virginia	23230-3225	+1 (804) 358-3535 ext. 323	+1 (804) 358-1495
11	WTVR-TV Online	ndutton@wtvr.com	Online Version	3301 W Broad St		Richmond	Virginia	23230-5007	+1 (804) 254-3600	+1 (804) 254-3697
11	WBBT-FM	tbooth1073@aol.com	Radio Station	300 Arboretum Pl	Ste 590	Richmond	Virginia	23236-3481	+1 (804) 327-9902	+1 (804) 327-9911
11	WTPS-AM	lforem@radio-one.com	Radio Station	2809 Emerywood Pkwy Ste 300		Richmond	Virginia	23294-3743	+1 (804) 672-9299 ext. 765	+1 (804) 672-9316
12	The Caroline Progress	cpeditor@lcs.net	Community Newspaper	204 N Main St		Bowling Green	Virginia	22427-9416	+1 (804) 633-5005	+1 (804) 633-6740
12	South Potomac Pilot	jeron.hayes@navy.mil	Community Newspaper	6509 Sampson Rd		Dahlgren	Virginia	22448-5176	+1 (540) 653-8153	+1 (540) 653-4269
12	WVBX-FM	fhammon@wfls.com	Radio Station	616 Amelia St		Fredericksburg	Virginia	22401	+1 (540) 374-5503	+1 (540) 374-5525
12	The Free Lance-Star	jbeals@freelancestar.com	Daily Newspaper	616 Amelia St		Fredericksburg	Virginia	22401-3887	+1 (540) 368-5036	+1 (540) 373-8450
12	The Free Lance-Star	btolbert@freelancestar.com	Daily Newspaper	616 Amelia St		Fredericksburg	Virginia	22401-3887	+1 (540) 374-5000 ext. 5693	+1 (540) 373-8455
12	WFVA-AM Online	buzzy@wbqb.com	Online Version	1914 Mimosa St		Fredericksburg	Virginia	22405-3213	+1 (540) 373-7721	+1 (540) 899-3879
12	Selling Power.com	patriciaselfo@sellingpower.com	Online Version	1140 International Pkwy		Fredericksburg	Virginia	22406-1126	+1 (540) 752-7000	+1 (540) 752-7001
12	WGRQ-FM	adaveadler@aol.com	Radio Station	4414 Lafayette Blvd	Ste 100	Fredericksburg	Virginia	22408-4271	+1 (540) 891-9696	+1 (540) 891-1656
12	Rappahannock Record	mail@rrecord.com	Community Newspaper	27 N Main St		Kilmarnock	Virginia	22482	+1 (804) 435-1701 ext. 16	+1 (804) 435-2632
12	WIGO-FM	dburchill@valleyradio.com	Radio Station	101 Radio Rd		Kilmarnock	Virginia	22482-3881	+1 (804) 435-1414 ext. 104	+1 (804) 435-0484
12	Journal Press, Inc.	jherink@journalpress.com	Community Newspaper	10250 Kings Hwy		King George	Virginia	22485-3429	+1 (540) 469-4031	+1 (540) 775-4099
12	Westmoreland News	wmnads@lcs.net	Community Newspaper	15885 Kings Hwy		Montross	Virginia	22520	+1 (804) 493-8096	+1 (804) 493-8009
12	Rappahannock Times	raptimes@verizon.net	Community Newspaper	622 Charlotte St.		Tappahannock	Virginia	22560	+1 (804) 443-2200	+1 (804) 443-9684
12	WRAR-FM	tom@wrafm.com	Radio Station	156 Prince St		Tappahannock	Virginia	22560	+1 (804) 443-4321	+1 (804) 443-1055
12	WNNT-FM	rivercountry1009@verizon.net	Radio Station	156 Prince street		Tappahannock	Virginia	22560	+1 (804) 333-4900	+1 (804) 333-4531
12	Southside Sentinel	editor@ssentinel.com	Community Newspaper	276 Virginia St		Urbanna	Virginia	23175-9997	+1 (804) 758-2328	+1 (804) 758-5896
12	Northern Neck News	nneditor@lcs.net	Community Newspaper	132 Court Circle		Warsaw	Virginia	22572	+1 (804) 333-6397	+1 (804) 333-0033
13	Herald-Progress	gglassner@herald-progress.com	Community Newspaper	11159 Air Park Rd	Ste 1	Ashland	Virginia	23005	+1 (804) 798-9031	+1 (804) 752-2338
13	WHAN-AM	calvin@whanradio.com	Radio Station	11337 Ashcake Rd		Ashland	Virginia	23005-7633	+1 (804) 798-1010	+1 (804) 798-7933
13	Rural Virginian	rv@dailyprogress.com	Community Newspaper	685 Rio Road West		Charlottesville	Virginia	22901	+1 (434) 978-7216	+1 (434) 978-7204
13	WCHV-AM	jthomas@cvillestations.com	Radio Station	1150 Pepsi Pl	Ste 300	Charlottesville	Virginia	22901	+1 (434) 978-4408	+1 (434) 978-1109
13	WVIR-TV Online	wmoore@nbc29.com	Online Version	503 East Market St		Charlottesville	Virginia	22902	+1 (434) 220-2900	+1 (434) 220-2904
13	WVIR-TV	lvogt@nbc29.com	Television Station	503 East Market St		Charlottesville	Virginia	22902	+1 (434) 220-2970	+1 (434) 220-2905
13	VQR	janefriedman@virginia.edu	Online Version	5 Boar's Head Lane		Charlottesville	Virginia	22903	+1 (434) 924-3124	+1 (434) 924-1397
13	WUVA-FM	tanisha@92.7kissfm.com	Radio Station	1928 Arlington Blvd	Ste 312	Charlottesville	Virginia	22903	+1 (434) 817-6880 ext. 202	+1 (434) 817-6884
13	WNRN-FM	abstractme@aol.com	Radio Station	2250 Old Ivy Rd	Ste 2	Charlottesville	Virginia	22903	+1 (434) 971-4096	+1 (434) 971-6562
13	WTJU-FM	cwt9s@virginia.edu	Radio Station	Lambeth Commons	2nd Fl	Charlottesville	Virginia	22904	+1 (434) 924-0885	+1 (434) 924-8996
13	The Daily Progress	tkates@dailyprogress.com	Daily Newspaper	685 Rio Rd W		Charlottesville	Virginia	22901-1413	+1 (434) 978-7265	+1 (434) 978-7252
13	The Heart Surgery Forum	mmlevinson@hsforum.com	Online Version	375 Greenbrier Dr Ste 100		Charlottesville	Virginia	22901-1600	+1 (434) 817-2000	+1 (434) 817-2020
13	Blue Ridge Outdoors	jack@blueridgeoutdoors.com	Online Version	116 W Jefferson St		Charlottesville	Virginia	22902-5023	+1 (434) 817-2755	+1 (434) 817-2760
13	Energy Finance Daily	mlindsay@snl.com	Online Version	1 Snl Plz		Charlottesville	Virginia	22902-5150	+1 (434) 951-7832	+1 (434) 293-0407
13	C-Ville Weekly	brendan@c-ville.com	Community Newspaper	308 E Main St		Charlottesville	Virginia	22902-5234	+1 (434) 817-2749	+1 (434) 817-2758
13	WCAV-TV Online	alex.friedman@newsplex.com	Online Version	999 2nd St SE		Charlottesville	Virginia	22902-6172	+1 (434) 220-7532	+1 (434) 220-0398
13	WCNR-FM	brad@1061thecorner.com	Radio Station	1140 Rose Hill Dr		Charlottesville	Virginia	22903-5128	+1 (434) 220-2300	+1 (434) 220-2304
13	The Tidewater News	steve.stewart@tidewaternews.com	Community Newspaper	1000 Armory Dr		Franklin	Virginia	23851	+1 (757) 562-3187	+1 (757) 562-6795
13	WLQM-AM	michael@wlqmradio.com	Radio Station	320 N Franklin St		Franklin	Virginia	23851	+1 (757) 562-3135	+1 (757) 562-2345
13	The Central Virginian	tcveditor@lcs.net	Community Newspaper	89 Rescue Ln		Louisa	Virginia	23093	+1 (540) 967-0368	+1 (540) 967-3847
13	Madison County Eagle	gbrooks@madison-news.com	Community Newspaper	201 N Main St		Madison	Virginia	22727-3053	+1 (540) 948-5121	+1 (540) 948-3045
13	Goochland Gazette	jmonopoli@rsnva.com	Community Newspaper	6400 Mechanicsville Tpke		Mechanicsville	Virginia	23111	+1 (804) 746-1235 ext. 14	+1 (804) 730-0476
13	Goochland Gazette	kodor@goochlandgazette.com	Community Newspaper	Po Box 1118		Mechanicsville	Virginia	23111-6118	+1 (804) 746-1235	+1 (804) 819-5295
13	WCVB-AM	news@wjmafm.com	Radio Station	207 Spicers Mill Rd		Orange	Virginia	22960	+1 (540) 825-3900 ext. 27	+1 (540) 672-0282
13	Orange County Review	cstroll@dailyprogress.com	Community Newspaper	146 Byrd St		Orange	Virginia	22960-1631	+1 (540) 672-1266	+1 (540) 672-3699

**ALL MEDIA in the Commonwealth of Virginia  
(sorted by District)**

District	Outlet	Email	Media Type	Address Line 1	Line 2	City	State	Postal Code	Phone	Fax
13	Greene County Record	jpoole@orangenews.com	Community Newspaper	110 Berry Hill Rd		Orange	Virginia	22960-1673	+1 (540) 672-1266 ext. 23	+1 (434) 985-8356
13	Valley Publishing Newspapers	carlos@fluvannareview.com	Community Newspaper	2987 Lake Monticello Rd		Palmyra	Virginia	22963-4820	+1 (434) 591-1000 ext. 24	+1 (434) 589-1704
13	WKTR-AM	greg@bigcountry1053.com	Radio Station	100 Spotswood Bus Pk Cir		Quinque	Virginia	22965	+1 (434) 985-8585	+1 (434) 985-7369
14	WBTX-AM	gcrabtree@wbtxradio.com	Radio Station	166 Main St		Broadway	Virginia	22815	+1 (540) 896-8933	+1 (540) 896-1448
14	WNLR-AM	rwhitesel@nlinministries.org	Radio Station	35 Eagle Rock Lane		Churchville	Virginia	24421	+1 (540) 885-1150	+1 (540) 886-8624
14	WMRA-FM	wmra@jmu.edu	Radio Station	983 Reservoir St		Harrisonburg	Virginia	22801	+1 (540) 568-6221	+1 (540) 568-3814
14	WVPT-TV	mmaitland@wvpt.net	Television Station	298 Port Republic Rd		Harrisonburg	Virginia	22801	+1 (540) 437-2461	+1 (540) 434-7084
14	WVPY-TV	tmancari@wvpt.net	Television Station	298 Port Republic Rd		Harrisonburg	Virginia	22801	+1 (540) 437-2451	+1 (540) 434-7481
14	Rockingham Publishing Company	sturner@dnronline.com	Community Newspaper	231 S Liberty St		Harrisonburg	Virginia	22801-3621	+1 (540) 574-6229	+1 (540) 433-5503
14	Daily News-Record	nfox@dnronline.com	Daily Newspaper	231 S Liberty St		Harrisonburg	Virginia	22801-3621	+1 (540) 574-6200	+1 (540) 433-9112
14	WACL-FM	bridgettknupp@clearchannel.com	Radio Station	207 University Blvd		Harrisonburg	Virginia	22801-3749	+1 (540) 434-1777	+1 (540) 432-9968
14	WHSV-TV	tmerritt@whsv.com	Television Station	50 N Main St		Harrisonburg	Virginia	22802-3719	+1 (540) 433-9191	+1 (540) 433-4028
14	WCHG-FM	heather@amr.org	Radio Station	171 Charger Ln		Hot Springs	Virginia	24445-2809	+1 (540) 839-5400	+1 (540) 839-5403
14	The News-Gazette	editor@thenews-gazette.com	Community Newspaper	20 W Nelson St		Lexington	Virginia	24450-2034	+1 (540) 463-3113	
14	WREL-AM	news@wrel.com	Radio Station	392 E Midland Trl		Lexington	Virginia	24450-5703	+1 (540) 463-2161 ext. 108	+1 (540) 463-9524
14	The Recorder	recorder@tds.net	Community Newspaper	43 Water St		Monterey	Virginia	24465	+1 (540) 839-4600	+1 (540) 468-2048
14	WVLS-FM	erin@amr.org	Radio Station	80 Main St		Monterey	Virginia	24465	+1 (540) 468-1234	+1 (540) 468-1233
14	WSIG-FM	jr969wsig@gmail.com	Radio Station	639 N Main St		Mount Crawford	Virginia	22841-2350	+1 (540) 432-1063	+1 (540) 433-9267
14	WTON-AM	brenda94@ntelos.net	Radio Station	304 W Beverley St		Staunton	Virginia	24401-4207	+1 (540) 885-5188 ext. 222	+1 (540) 885-1240
14	The News Leader	rwatson@newsleader.com	Daily Newspaper	11 N Central Ave		Staunton	Virginia	24401-4212	+1 (540) 213-9105	+1 (540) 885-1904
14	The News Virginian	agonzalez@newsvirginian.com	Daily Newspaper	1300 W Main St		Waynesboro	Virginia	22980-2414	+1 (540) 932-3563	+1 (540) 942-4542
15	The Free Press	mcasteel@ournewspaper.net	Community Newspaper	18084 Old Valley Pike		Edinburg	Virginia	22824-2807	+1 (540) 459-4000	+1 (540) 459-7493
15	WZRV-FM	marior@royalbroadcasting.net	Radio Station	1106 Elm St		Front Royal	Virginia	22630	+1 (540) 635-4121	+1 (540) 635-9387
15	Warren County Report	rogerb@warrencountyreport.com	Community Newspaper	122 W 14th St	PMB 20	Front Royal	Virginia	22630-3608	+1 (540) 635-4835	+1 (540) 636-1042
15	The Warren Sentinel	editor@pagenewspaper.com	Community Newspaper	PO Box 707		Luray	Virginia	22835-0707	+1 (540) 743-5123	+1 (540) 635-7478
15	Page News & Courier	joe@pagenewspaper.com	Community Newspaper	17 S Broad St		Luray	Virginia	22835-1904	+1 (540) 743-5123	+1 (540) 743-4779
15	Northern Virginia Daily	sports@nvdaily.com	Daily Newspaper	152 N Holliday St		Strasburg	Virginia	22657	+1 (540) 465-5137	+1 (540) 465-6164
15	WTRM-FM	office@southernlight.us	Radio Station	2045 Valley Ave		Winchester	Virginia	22601-2751	+1 (540) 723-0123	+1 (540) 723-0128
15	The Winchester Star	gshriver@winchesterstar.com	Daily Newspaper	2 N Kent St		Winchester	Virginia	22601-5098	+1 (540) 667-3205 ext. 253	+1 (540) 667-1649
15	The Winchester Star	jdparkinson@winchesterstar.com	Daily Newspaper	2 N Kent St		Winchester	Virginia	22601-5098	+1 (540) 665-4950	+1 (540) 667-0012
15	WINC-FM	mmurphy@winc.fm	Radio Station	520 N Pleasant Valley Rd		Winchester	Virginia	22601-5654	+1 (540) 667-2224	+1 (540) 722-3295
15	WAZT-TV	ron@wazt.com	Television Station	158 Front Royal Pike Ste 307		Winchester	Virginia	22602-4324	+1 (540) 431-4504 ext. 229	+1 (540) 459-5834
15	WKSI-FM Online	matthewoodrum@clearchannel.com	Online Version	510 Pegasus Ct		Winchester	Virginia	22602-4596	+1 (540) 662-5101	+1 (540) 662-8610
16	Culpeper Star-Exponent	msneed@starexponent.com	Daily Newspaper	471 James Madison Hwy Ste 201		Culpeper	Virginia	22701-2364	+1 (540) 825-0771 ext. 102	+1 (540) 825-0778
16	Leesburg Today	nstyer@leesburgtoday.com	Community Newspaper	19 N King St		Leesburg	Virginia	20176-2819	+1 (517) 333-1530	+1 (703) 771-8833
16	Loudoun Times-Mirror	parundel@timespapers.com	Community Newspaper	9 E Market St		Leesburg	Virginia	20176-3013	+1 (709) 437-5200	+1 (703) 771-0036
16	American History	brian.king@weiderrhistorygroup.com	Online Version	19300 Promenade Dr		Leesburg	Virginia	20176-6500	+1 (703) 771-9400	+1 (703) 779-8345
16	WKCV-AM	chairman@myradiocompanion.com	Radio Station	9540 Godwin Dr		Manassas	Virginia	20110-4165	+1 (703) 330-8224	+1 (703) 331-4706
16	Randall Publishing Corporation	hmbaumstark@quantum12.com	Community Newspaper	8803 Sudley Rd Ste 201		Manassas	Virginia	20110-4718	+1 (703) 369-5253	+1 (703) 369-5020
16	Stafford County Sun	adoizenko@staffordcountysun.com	Community Newspaper	306 Garrisonville Rd		Stafford	Virginia	22554	+1 (540) 659-7897	+1 (540) 659-0039
16	AGRR	jreed@glass.com	Online Version	385 Garrisonville Rd Ste 116		Stafford	Virginia	22554-8900	+1 (540) 720-5584	+1 (540) 720-5687
16	United Mine Workers Journal	psmith@umwa.org	Online Version	18354 Quantico Gateway Dr	Ste 200	Triangle	Virginia	22172	+1 (703) 208-7241	+1 (703) 291-2452
16	WJYJ-FM	frankie@positivehits.org	Radio Station	6546 Lovers Ln		Warrenton	Virginia	20186	+1 (540) 349-8660	+1 (540) 347-3562
16	Times Community Newspapers - Warrenton	asherman@timespapers.com	Community Newspaper	39 Culpeper St		Warrenton	Virginia	20186-3319	+1 (540) 347-4222	+1 (540) 349-8676
16	Rappahannock News	editor@rapnews.com	Community Newspaper	309 Jett St		Washington	Virginia	22747	+1 (540) 675-3338	+1 (540) 675-3088
16	Stafford County Sun	pgraham@starexponent.com	Community Newspaper	14010 Smoketown Rd		Woodbridge	Virginia	22192	+1 (703) 878-8030	+1 (703) 878-8056
17	Boat.U.S.	adermody@boat.us	Online Version	880 S Pickett St		Alexandria	Virginia	22304	+1 (703) 461-2864	+1 (703) 461-2845
17	CTOnline	jrrollins@stevenson.org	Online Version	5999 Stevenson Ave		Alexandria	Virginia	22304	+1 (703) 823-9800 ext. 339	+1 (703) 823-0252
17	Educational Leadership	mscherer@ascd.org	Online Version	1703 N Beauregard St		Alexandria	Virginia	22311	+1 (703) 575-5705	+1 (703) 575-5400
17	TV Technology	tbutts@nbmedia.com	Online Version	5285 Shawnee Rd	Ste 100	Alexandria	Virginia	22312	+1 (703) 852-4631	+1 (703) 852-4585
17	Techniques	semeagwali@acteonline.org	Online Version	1410 King St		Alexandria	Virginia	22314	+1 (703) 683-3111 ext. 339	+1 (703) 683-7424
17	American School Board Journal	kvail@nsba.org	Online Version	1680 Duke St		Alexandria	Virginia	22314	+1 (703) 838-6722	+1 (703) 549-6719
17	Journal of the American Statistical Association	ryan@amstat.org	Online Version	732 N Washington St		Alexandria	Virginia	22314	+1 (703) 684-1221 ext. 1870	+1 (703) 684-2037
17	PT in Motion	donaldtepper@apta.org	Online Version	1111 N Fairfax St		Alexandria	Virginia	22314	+1 (703) 706-8551	+1 (703) 684-7343
17	NARFE	dhidayat@narfe.org	Online Version	606 N Washington St		Alexandria	Virginia	22314	+1 (703) 838-7760 ext. 362	+1 (703) 838-7781
17	Comcast Cable of Alexandria	marie_schuler@cable.comcast.com	Television Station	617A S Pickett St		Alexandria	Virginia	22304-4697	+1 (703) 567-4488	+1 (703) 567-4444
17	Mount Vernon Voice	mountvernonvoice@aol.com	Community Newspaper	7946 Fort Hunt Rd		Alexandria	Virginia	22308-1249	+1 (703) 360-0080	+1 (703) 360-0087
17	Diabetes Forecast	jwarren@diabetes.org	Online Version	1701 N Beauregard St		Alexandria	Virginia	22311-1742	+1 (703) 549-1500	+1 (317) 354-8379
17	Diabetes	diabetesjournal@diabetes.org	Online Version	1701 N Beauregard St	1701	Alexandria	Virginia	22311-1742	+1 (310) 794-2858	+1 (310) 794-3982
17	AirportNet	holly.ackerman@aaae.org	Online Version	601 Madison St Ste 400		Alexandria	Virginia	22314-1756	+1 (703) 824-0504 ext. 144	+1 (703) 820-1395

**ALL MEDIA in the Commonwealth of Virginia  
(sorted by District)**

District	Outlet	Email	Media Type	Address Line 1	Line 2	City	State	Postal Code	Phone	Fax
17	BedTimes	jpalm@sleepproducts.org	Online Version	501 Wythe St		Alexandria	Virginia	22314-1917	+1 (336) 727-1889	+1 (703) 683-4503
17	The Pentagon Channel Online	james.langdon@pentagonchannel.mil	Online Version	601 N Fairfax St		Alexandria	Virginia	22314-2054	+1 (301) 222-6780	+1 (301) 222-7635
17	Compoundings	bgillinson@ilma.org	Online Version	400 N Columbus St	Ste 201	Alexandria	Virginia	22314-2264	+1 (703) 684-5574	+1 (703) 836-8503
17	Military Officer	laurib@moaa.org	Online Version	201 N Washington St		Alexandria	Virginia	22314-2520	+1 (703) 838-8149	+1 (703) 838-8179
17	The Connection Newspapers	mkimm@connectionnewspapers.com	Community Newspaper	1606 King St		Alexandria	Virginia	22314-2719	+1 (703) 917-6416	+1 (703) 917-0991
17	PE Magazine	dsiegel@nspe.org	Online Version	1420 King St		Alexandria	Virginia	22314-2750	+1 (703) 684-2876	+1 (703) 836-4875
17	Security Management	lilly.chapa@asisonline.org	Online Version	1625 Prince St		Alexandria	Virginia	22314-2882	+1 (703) 519-6200	+1 (703) 518-1518
17	Alexandria Times	pbooth@alextimes.com	Community Newspaper	110 S Pitt St Ste 200		Alexandria	Virginia	22314-3126	+1 (703) 739-0001	+1 (703) 739-0120
17	Journal of Managed Care Pharmacy	jmackowiak@amcp.org	Online Version	100 N Pitt St	Ste 400	Alexandria	Virginia	22314-3141	+1 (919) 942-9903	+1 (703) 683-8417
17	HR Magazine	mfrost@shrm.org	Online Version	1800 Duke St		Alexandria	Virginia	22314-3494	+1 (703) 535-6362	+1 (703) 535-6488
17	Information Outlook	shales@sla.org	Online Version	331 S Patrick St		Alexandria	Virginia	22314-3501	+1 (703) 647-4919	+1 (703) 647-4901
17	Professional Pilot	jcohen@propilotmag.com	Online Version	30 S Quaker Ln	Ste 300	Alexandria	Virginia	22314-4599	+1 (703) 370-0606	+1 (703) 370-7082
17	The Metro Herald	pjr@metroherald.com	Community Newspaper	901 N Washington St		Alexandria	Virginia	22314-5509	+1 (703) 548-8891	+1 (703) 739-1542
17	Rotor	sun.yi@rotor.com	Online Version	1920 Ballenger Ave		Alexandria	Virginia	22314-6818	+1 (703) 683-4846 ext. 145	+1 (703) 683-4745
17	National Defense	servin@ndia.org	Online Version	2111 Wilson Blvd	Ste 400	Arlington	Virginia	22201	+1 (703) 247-2543	+1 (703) 522-1885
17	The Health Insurance Underwriter	mcarr@nahu.org	Online Version	2000 14th St N	Ste 450	Arlington	Virginia	22201	+1 (703) 276-3816	+1 (703) 841-7797
17	Army Magazine	mfrench@ausa.org	Online Version	AUSA	25 Wilson B	Arlington	Virginia	22201	+1 (703) 907-2604 ext. 200	+1 (703) 841-3505
17	Federal Lawyer	sperlman@fedbar.org	Online Version	1220 N Fillmore St	Ste 444	Arlington	Virginia	22201	+1 (571) 481-9100	+1 (571) 481-9090
17	Arlington Catholic Herald	csalinas@catholicaherald.com	Community Newspaper	200 N Glebe Rd	Ste 600	Arlington	Virginia	22203	+1 (703) 841-2590	+1 (703) 524-2782
17	Ms.	esmeal@feminist.org	Online Version	1600 Wilson Blvd	Ste 801	Arlington	Virginia	22209	+1 (703) 522-2214	+1 (703) 522-2219
17	WAVA-AM Online	wdavis@wava.com	Online Version	1901 N Moore St	Ste 200	Arlington	Virginia	22209	+1 (703) 807-2266 ext. 256	+1 (703) 807-2248
17	Federal Credit Union	ktyson@nafcu.org	Online Version	3138 10th St N		Arlington	Virginia	22201-2160	+1 (703) 522-4770	+1 (703) 524-1082
17	NSTA Reports!	lpetrinjak@nsta.org	Online Version	1840 Wilson Blvd		Arlington	Virginia	22201-3092	+1 (703) 243-7100	+1 (703) 243-7177
17	SeaPower	awittman@navyleague.org	Online Version	2300 Wilson Blvd	Ste 200	Arlington	Virginia	22201-5435	+1 (703) 312-1580	+1 (703) 243-8251
17	Inside U.S. Trade	jutta.hennig@wtpnews.com	Online Version	1919 S Eads St	Ste 201	Arlington	Virginia	22202-3028	+1 (703) 416-8500	+1 (703) 416-8543
17	Construction Executive	nardone@abc.org	Online Version	4250 Fairfax Dr		Arlington	Virginia	22203-1665	+1 (703) 812-2063	+1 (703) 812-8203
17	The Post-Standard	mweiner@syracuse.com	Daily Newspaper	3900 Fairfax Dr Unit 1321		Arlington	Virginia	22203-1688	+1 (571) 970-3751	+1 (315) 470-3081
17	Transport Topics	tcama@trucking.org	Online Version	950 N Glebe Rd Ste 210		Arlington	Virginia	22203-4181	+1 (703) 838-1769	+1 (703) 838-7916
17	Truck Fleet Management	keatonh@tnews.com	Online Version	950 N Glebe Rd Ste 210		Arlington	Virginia	22203-4181	+1 (703) 838-1930	+1 (703) 548-3662
17	Employee Benefit News	marsha.turney@sourcemedia.com	Online Version	4401 Wilson Blvd		Arlington	Virginia	22203-4194		+1 (703) 527-1791
17	Time.com	andy@bellwethereducation.org	Online Version	4818 9th St S		Arlington	Virginia	22204-3006	+1 (212) 522-1212	+1 (212) 522-8949
17	NewsHour Extra Online	lclapman@newshour.org	Online Version	2700 S Quincy St Ste 250		Arlington	Virginia	22206-2222	+1 (703) 998-2150	+1 (703) 739-0775
17	Washington Week with Gwen Ifill and National Journal	gfill@newshour.org	Online Version	2775 S Quincy St		Arlington	Virginia	22206-2269	+1 (703) 998-2150	+1 (703) 998-2728
17	WETA-TV Online	mjones@weta.com	Online Version	3939 Campbell Ave		Arlington	Virginia	22206-3440	+1 (703) 998-2019	+1 (703) 998-3401
17	WETA-TV	rtulkoff@weta.org	Television Station	3939 Campbell Ave		Arlington	Virginia	22206-3440	+1 (703) 998-2659	+1 (703) 998-3297
17	Air Force Magazine	jkelsey@afa.org	Online Version	1501 Lee Hwy		Arlington	Virginia	22209-1047	+1 (703) 247-5822	+1 (703) 247-5855
17	Defense Daily	jrabinson@accessintel.com	Online Version	1911 Fort Myer Dr Ste 300		Arlington	Virginia	22209-1603	+1 (703) 522-5655	+1 (703) 522-6448
17	Aviation Week	sean_meade@aviationweek.com	Online Version	1911 Fort Myer Dr Ste 610		Arlington	Virginia	22209-1603	+1 (571) 388-5001	+1 (571) 388-5002
17	townhall.com	guybenonshow@gmail.com	Online Version	1901 N Moore St Ste 701		Arlington	Virginia	22209-1717	+1 (703) 294-6046	+1 (703) 247-1257
17	The American Spectator	editor@spectator.org	Online Version	1611 N Kent St Ste 901		Arlington	Virginia	22209-2111	+1 (703) 807-2011	+1 (703) 978-7678
17	WJLA-TV Online	khill@wjla.com	Online Version	1100 Wilson Blvd Fl 6		Arlington	Virginia	22209-2249	+1 (703) 236-9676	+1 (703) 236-2345
17	POLITICO	chowie@politico.com	Online Version	1100 Wilson Blvd		Arlington	Virginia	22209-2249	+1 (703) 647-7999	+1 (202) 289-0300
17	WJLA-TV	rscutari@wjla.com	Television Station	1100 Wilson Blvd Fl 6		Arlington	Virginia	22209-2249	+1 (703) 236-9603	+1 (703) 236-2341
17	WJLA-TV	mleong@wjla.com	Television Station	1100 Wilson Blvd Fl 6		Arlington	Virginia	22209-2249	+1 (703) 236-9421	+1 (703) 236-2331
17	Washington Business Journal	techols@bizjournals.com	Online Version	1555 Wilson Blvd Ste 400		Arlington	Virginia	22209-2405	+1 (703) 258-0843	+1 (703) 258-0802
17	Campaigns & Elections	sdaprile@campaignsandelections.com	Online Version	1655 Fort Myer Dr Ste 825		Arlington	Virginia	22209-3118	+1 (703) 778-4025	+1 (703) 778-4024
17	Iranians Newspaper	iranians@iraniansnewspaper.com	Community Newspaper	43861 Arborvitae Dr		Ashburn	Virginia	20147	+1 (703) 724-9680	+1 (703) 724-9689
17	I Am Modern Magazine	hulya@iammodern.com	Online Version	43300-116 Southern Walk Plaza	#810	Ashburn	Virginia	20148	+1 (703) 728-9009	+1 (571) 333-9772
17	Old-House Journal	cmartin@homebuyerpubs.com	Online Version	4125 Lafayette Center Dr	Ste 100	Chantilly	Virginia	20151	+1 (703) 227-5263	+1 (703) 222-3209
17	diverseeducation.com	editor@diverseeducation.com	Online Version	10520 Warwick Ave	Ste B8	Fairfax	Virginia	22030	+1 (703) 385-2981	+1 (703) 385-1839
17	WJFK-FM Online	mike.gartell@cbsradio.com	Online Version	10800 Main St		Fairfax	Virginia	22030	+1 (703) 691-1900	+1 (703) 352-0111
17	Community College Week	editor@ccweek.com	Online Version	4289 Country Squire Ln		Fairfax	Virginia	22032	+1 (703) 978-3535	+1 (703) 978-3933
17	The Miami Herald	lindacicerocooks@aol.com	Daily Newspaper	10603 Oliver St		Fairfax	Virginia	22030-3913	+1 (305) 350-2111	+1 (305) 376-2295
17	American Hunter	sskipper@nrnhq.org	Online Version	11250 Waples Mill Rd		Fairfax	Virginia	22030-7400	+1 (703) 267-1357	+1 (703) 267-3971
17	Convenience Distribution	joanf@awmanet.org	Online Version	2750 Prosperity Ave Ste 530		Fairfax	Virginia	22031-4338	+1 (703) 208-3358 ext. 647	+1 (703) 573-5738
17	International Journal of Radiation Oncology, Biology, & Physics	redjournal@astro.org	Online Version	8280 Willow Oaks Corporate Dr Ste 500		Fairfax	Virginia	22031-4514	+1 (212) 989-5800	+1 (212) 633-3900
17	Signal	hmosher@afcea.org	Online Version	4400 Fair Lakes Ct		Fairfax	Virginia	22033-3801	+1 (703) 631-6196	+1 (703) 631-6188
17	EyeWorld	erin@eyeworld.org	Online Version	4000 Legato Rd Ste 700		Fairfax	Virginia	22033-4055	+1 (703) 591-2220	+1 (703) 591-0614
17	WPXW-TV	anthonypolcaro@ionmedia.com	Television Station	6199 Old Arrington Ln		Fairfax Station	Virginia	22039-1350	+1 (860) 444-2626	+1 (703) 503-1225
17	Advisor Today	amseka@naifa.org	Online Version	2901 Telearstar Ct		Falls Church	Virginia	22042-1260	+1 (703) 770-8204	+1 (703) 770-8212



**ALL MEDIA in the Commonwealth of Virginia  
(sorted by District)**

District	Outlet	Email	Media Type	Address Line 1	Line 2	City	State	Postal Code	Phone	Fax
17	Benjamin Shepherd's Wall Street	bshepherd@kci-com.com	Online Version	7600A Leesburg Pike Bldg		Falls Church	Virginia	22043-2000	+1 (703) 394-4931	+1 (703) 905-8100
17	WFAX-AM Online	wfax@wfax.com	Online Version	161 Hillwood Ave Ste B		Falls Church	Virginia	22046-2983	+1 (703) 532-1220	+1 (703) 533-7572
17	Tax Analysts	ctaylor@tax.org	Online Version	400 S Maple Ave		Falls Church	Virginia	22046-4241	+1 (703) 533-4671	+1 (703) 533-4444
17	Falls Church News-Press	jfellows@fcnp.com	Community Newspaper	200 Little Falls St Ste 508		Falls Church	Virginia	22046-4302	+1 (703) 532-3267 ext. 080	+1 (703) 342-0347
17	Pentagram	pentagram@conus.army.mil	Community Newspaper	204 Lee Ave	Bldg 59	Fort Myer	Virginia	22211-1103	+1 (703) 696-5401	+1 (703) 696-0055
17	Pentagram	jrives@dcilitary.com	Community Newspaper	204 Lee Ave	Bldg 59	Fort Myer	Virginia	22211-1103	+1 (301) 670-2680 ext. 2680	+1 (301) 670-2787
17	USAToday.com/USA Today Online	gudmundsen@aol.com	Online Version	903 Falls Bridge Ln		Great Falls	Virginia	22066-1347	+1 (703) 444-9005	+1 (703) 444-5333
17	Air Line Pilot	sharon.vereb@alpa.org	Online Version	535 Herndon Pkwy		Herndon	Virginia	20170	+1 (703) 481-4460	+1 (703) 464-2114
17	USA Today	pbarzilai@usatoday.com	Daily Newspaper	7950 Jones Branch Dr		Mc Lean	Virginia	22108	+1 (703) 854-5954	+1 (703) 854-2071
17	USA Today	rcheimer@usatoday.com	Daily Newspaper	7950 Jones Branch Dr		Mc Lean	Virginia	22108	+1 (703) 854-3694	+1 (703) 854-2073
17	USA Today	msnider@usatoday.com	Daily Newspaper	7950 Jones Branch Dr		Mc Lean	Virginia	22108	+1 (703) 854-3462	+1 (703) 854-2101
17	USA Today	jhealey@usatoday.com	Daily Newspaper	7950 Jones Branch Dr		Mc Lean	Virginia	22108	+1 (703) 854-3492	+1 (703) 558-3826
17	USA Today	bsternberg@usatoday.com	Daily Newspaper	7950 Jones Branch Dr		Mc Lean	Virginia	22108	+1 (703) 854-4581	+1 (703) 854-2053
17	USA Today	aoldenburg@usatoday.com	Daily Newspaper	7950 Jones Branch Dr		Mc Lean	Virginia	22108	+1 (703) 854-3792	+1 (703) 247-3135
17	Suburban Washington Newspapers	smccaffrey@sungazette.net	Community Newspaper	6704 Old McLean Village Dr Ste 200		Mc Lean	Virginia	22101-3906	+1 (703) 738-2532	+1 (703) 738-2530
17	Sci Fi Weekly	laura@sovhomestead.com	Online Version	6731 Whittier Ave Ste A100		Mc Lean	Virginia	22101-4554	+1 (703) 964-0361 ext. 24	+1 (703) 964-0366
17	USA Weekend	cshaw@usaweekend.com	Online Version	7950 Jones Branch Dr		Mc Lean	Virginia	22107-0001	+1 (703) 854-6445	+1 (703) 854-2122
17	Des Moines Register	cdoering@gannett.com	Daily Newspaper	7950 Jones Branch Dr		Mc Lean	Virginia	22107-0002	+1 (515) 284-8000	+1 (515) 286-2504
17	National Wildlife	senserk@nwf.org	Online Version	11100 Wildlife Center Dr		Reston	Virginia	20190	+1 (703) 438-6510	+1 (703) 438-6544
17	Children's Technology and Engineering	kcluff@iteea.org	Online Version	1914 Association Dr	Ste 201	Reston	Virginia	20191	+1 (703) 860-4924	+1 (703) 860-0353
17	The Fairfax County Times	mhooker@gazette.net	Community Newspaper	11710 Plaza America Dr Ste 420		Reston	Virginia	20190-4744	+1 (240) 473-7560	+1 (703) 437-6019
17	WRC-TV	julie.carey@nbc.com	Television Station	11710 Plaza America Dr Ste 420		Reston	Virginia	20190-4744	+1 (202) 885-4000	+1 (202) 885-4104
17	Public Utilities Fortnightly	radford@pur.com	Online Version	11410 Isaac Newton Sq N		Reston	Virginia	20190-5015	+1 (703) 847-7733	+1 (703) 847-0683
17	Washington Families	info@thefamilymagazine.com	Online Version	11260 Roger Bacon Dr Ste 20		Reston	Virginia	20190-5253	+1 (703) 318-1385	+1 (703) 318-5509
17	Aerospace America	beni@aiaa.org	Online Version	1801 Alexander Bell Dr Ste 500		Reston	Virginia	20191-4344	+1 (703) 264-7500	+1 (703) 264-7551
17	Civil Engineering	apowell@asce.org	Online Version	1801 Alexander Bell Dr		Reston	Virginia	20191-5467	+1 (703) 295-6213	+1 (703) 295-6277
17	DefenseNews.com	smahaskey@defensenews.com	Online Version	6883 Commercial Dr		Springfield	Virginia	22151	+1 (703) 642-7300	+1 (703) 658-8412
17	AirForceTimes.com	mhoward@airforcetimes.com	Online Version	6883 Commercial Dr		Springfield	Virginia	22159	+1 (703) 750-8636	+1 (703) 750-8601
17	ArmyTimes.com	rsandza@armytimes.com	Online Version	6883 Commercial Dr		Springfield	Virginia	22159	+1 (703) 750-8619	+1 (703) 750-8410
17	Federal Times	mharwoo@federaltimes.com	Online Version	6883 Commercial Dr		Springfield	Virginia	22159	+1 (703) 750-8662	+1 (703) 750-8603
17	spacenews.com	wferster@spacenews.com	Online Version	6883 Commercial Dr		Springfield	Virginia	22159-0001	+1 (703) 658-8418	+1 (703) 750-8913
17	MarineCorpsTimes.com	rcolenso@atpco.com	Online Version	6883 Commercial Dr		Springfield	Virginia	22159-0002	+1 (703) 750-8014	+1 (703) 750-8767
17	Power Market Today	ellen@intelligencepress.com	Online Version	22648 Glenn Dr		Sterling	Virginia	20164-4495	+1 (703) 318-8848	+1 (703) 318-0597
17	Glass Magazine	jchase@glass.org	Online Version	1945 Old Gallows Rd	Ste 750	Vienna	Virginia	22182	+1 (703) 442-4890 ext. 164	+1 (703) 442-0630
17	Washington Technology	asideman@1105govinfo.com	Online Version	8609 Westwood Center Dr Suite 500		Vienna	Virginia	22182-2215	+1 (703) 645-7865	+1 (703) 876-5126
17	Investor's Business Daily	patrick.seitz@investors.com	Daily Newspaper			Vienna	Virginia		+1 (703) 865-8982	+1 (310) 577-7350