1. Virginia 211  (http://www.211virginia.org/consite/)

Go to the website or simply dial 2-1-1

About 2-1-1 VIRGINIA

2-1-1 VIRGINIA provides information and referral for:

Basic human needs:
Food banks, shelters, rent or utility assistance

Physical and mental health resources

Work initiatives:
Job training, English as a second language classes, GED preparation, financial and transportation assistance

Support for seniors and those with disabilities:
Adult day care, meals at home, respite care, home healthcare

Support for children, youth and families:
After-school programs, tutoring, mentorship programs, counseling, child care centers

Volunteering in your community:
Mentorship opportunities, locations to donate food, clothing, furniture, computers or other items

Disaster support services:
Up-to-date information on community and regional response, volunteer and donation coordination, crisis intervention and human service coordination
2. **Volunteers of America:**

Volunteers of America Chesapeake

7901 Annapolis Road

Lanham, MD 20706

Toll Free: (800) 646-2828

Phone: (301) 459-2020

General Inquiries: info@VOAches.org

**Overview**

Volunteers of America Chesapeake, Inc. is a faith-based, non-profit organization whose mission is inspire self-reliance, dignity and hope through health and human services.

Founded in 1896 in Baltimore, MD Volunteers of America Chesapeake was one of the first branches of Volunteers of America - one of the nation's largest and most comprehensive human services organizations.

Through a dedicated and committed team of management, staff and volunteers and guided by our Core Values: Caring, Respect, Faith, Quality and Trust - Volunteers of America Chesapeake helps thousands of people each year throughout Maryland, Virginia and the District of Columbia at our more than 30 programs serving:

- The homeless
- Individuals with mental illness
- Individuals with intellectual disabilities
- Those in need of affordable housing
- Those in need of supportive services
- Those recovering from substance abuse addictions
- Those involved in community corrections

- See more at: [http://www.voachesapeake.org/contact#sthash.IRHwehKv.dpuf](http://www.voachesapeake.org/contact#sthash.IRHwehKv.dpuf)
3. Virginia Department of Veterans Services

(http://www.dvs.virginia.gov/)

Contact Us

Department of Veterans Services
Office of the Commissioner, John L. Newby, II
900 E. Main Street, Sixth Floor, West Wing
Richmond, VA 23219

(804) 786-0286 (Phone) | (804) 786-0302 (Fax)

Crisis Hotline: 800-273-8255

The Virginia Veteran and Family Support Program: Enhancing the quality of life for Virginia’s veterans, service members, and their families.

Mission

The Virginia Veteran and Family Support Program (VVFS) in cooperation with the Department of Behavioral Health and Developmental Services and the Department for Aging and Rehabilitative Services, monitors and coordinates behavioral health and rehabilitative services and support services through an integrated, comprehensive and responsive system of public and private partnerships. VVFS facilitates these services for Virginia veterans, members of the Virginia National Guard and Armed Forces Reserves (not in federal service), and their families with a special emphasis on those affected by stress related conditions or traumatic brain injuries resulting from military service.

Eligibility

VVFS proudly serves:

- Veterans of any era who are Virginia residents
- Members of the Virginia National Guard not in active federal service
- Virginia residents in the Armed Forces Reserves not in active federal service
- Family members of veterans and members of the Guard and Reserve

Services Offered

- Comprehensive assessment of individual and family needs
- Direct linkage to needed services including medical, behavioral healthcare, veterans benefits, housing, and employment assistance
- Peer and family support groups
- Couples workshops and family retreats
- Assistance to homeless or incarcerated veterans
4. Virginia Department of Social Services:

http://www.dss.virginia.gov/

Contact Us
(804) 726-7000 (Main Agency)
(800) 552-3431 (SNAP Hotline)
801 E. Main Street
Richmond, VA 23219

5. Catholic Charities

https://catholiccharitiesusa.org/
https://catholiccharitiesusa.org/find-help

6. HUD Choice Program:

http://portal.hud.gov/hudportal/HUD?src=/program_offices/field_policy_mgt/localoffices#VA

7. Salvation Army:

http://www.salvationarmyusa.org/usn/veterans-affairs-services

Contact your local Salvation Army to see what services they provide.

8. Local Churches: Check your local telephone book or websites for places that provide assistance

9. Local Food Banks: Check your local telephone book or websites for places that provide assistance